

The Love Month



Thank goodness for Valentine's Day. As far as I'm concerned the most romantic day of the year couldn't fall at a better time.

There we are deep in the heart of winter and up pops an opportunity to lavish love on those around us and perhaps, if we're lucky, receive some in return. Nowadays Valentines Day is less about whether or not I'll get a card S.W.A.L.K, and more about the fact that at this time of year my creative mojo returns after its break in January, and Valentines Day is the perfect excuse for decorating my house again. Yep, I'm a decorative glutton and will find any excuse!

Whether you have a family and children or three flat mates you love and adore, decorating in the month of February is a real tonic and helps lift the lull that can be so present before the clocks change and it all starts to get lighter again.

It is also a 'makers' heaven as there are so many projects to get your teeth in to and even more that you can think about starting to prep for the spring and summer months.

You can try making a Valentine's tree. A simple idea that allows you to hang homemade decorations from its branches or sweets and cards that you'd like to give to people. You can bake, the baking has to involve lots of chocolate, but what could be better than that! Oh, and then you can bake even more. Extra chocolate never did anyone any harm!

And then there's breakfast in bed. Although I'd more than settle for a cup of tea brought up to me on the morning of February the 14th because I'm still at the stage where I can't stay in bed for too long if I hear my twins calling out from their room.

So I'd much rather bring them and their sleepy little bodies downstairs and enjoy this morning as a family. Before I know it I'll be trying to rouse teenagers from their slumber so I'm taking time to treasure the moments that I can orchestrate while I can.

But along with all the crafting also comes the start of a big clear out on the home front. By February I'm bored of sitting in front of the fire and tired of being indoors. I'm still finding the odd Christmas tree pine needle as I Hoover up but instead of wanting to turn back the clock and be baking in my kitchen on Christmas Eve I'm ready now to feel the sun on my face and plan for Easter.



So, with all of these creative juices flowing and plans for household domination leaking out on to the kitchen table what is the best first step? A plan.

I write everything down and I organise it so that I am not only getting time to relax and have creative fun but also

provide the essentials that my children need whilst they are living under my roof. Last month I told you that my word for the year was Energy. Well, I want to retain that energy and try not to get too bogged down just because I suddenly have a spring in my step. Of course that may change depending on how much chocolate I eat this Valentine's Day. But the intention is there and surely that counts for something?

No? I was afraid of that.

Lots of love Cherry X

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